

**Teladoc**<sup>™</sup>  
HEALTH

**Virtual Care for Small Employers**

**The technology to  
connect, expertise you  
can trust and the power  
to improve health**





## Find the virtual care solutions that fit your business needs

Teladoc Health provides personalized attention to organizations of all sizes to deliver the virtual care solution that best fits their needs. That's why thousands of small businesses, public-sector employers and labor unions choose to offer our virtual care services.

**We partner with thousands of small employers**

### **Curb costs with the plan that's right for you**

Teladoc Health recognizes the unique challenges that small employers face. That is why we offer a comprehensive suite of services to fit your specific needs—from wellness and prevention to complex healthcare needs and chronic condition management—all from one convenient platform. These services help reduce costs through claims redirection, improve key health metrics, increase productivity and decrease absenteeism. Our full spectrum of services deliver a convenient, unified experience for your employees and improved outcomes for your organization.

# Teladoc Health offers the most comprehensive suite of virtual care services on a single platform

## Telehealth Services



**Primary360:** A dedicated, physician-led model that creates personalized care plans and stays by the member's side to ensure health needs are resolved.



**General Medical:** Convenient access to high-quality healthcare from U.S. board-certified doctors by phone or video, 24/7.



**Dermatology:** Access to board-certified dermatologists who can review imagery and prescribe approved medications within days.



**Back and Joint Care:** Customized neck and back care programs with videos and access to certified health coaches in all 50 states.



**Nutrition:** In-depth nutrition consultations and personalized nutrition guides with curated content for member-specific needs.



**Sexual Health:** Assistance finding local labs for confidential testing and results for common sexually transmitted infections and diseases.



**Tobacco Cessation:** Help from physicians and cessation coaches who can prescribe treatment and monitor a member's progress.

## Expert Medical Services



**Expert Medical Opinion:** Members initiate an expert evaluation of their diagnosis and treatment plan, which are reviewed by a carefully selected expert.



**Find a Doctor:** With access to our network of expert specialists, members can get help finding the local physician who best fits their needs.



**Critical Case Support:** In complex emergencies, a clinical team can be quickly assigned to work with a member's care team during the first crucial hours to ensure quality of care.



**Ask the Expert:** Personalized answers from leading expert physicians to members' medical questions.



**Treatment Decision Support:** Education and guidance for members evaluating several treatment options so they can make confident medical decisions.



**Medical Records eSummary:** Records are collected and organized into one secure file and delivered with a personalized health summary.

## Mental Health Services



**Mental Health Digital:** Anywhere, anytime access to 1100+ evidence-based programs that offer in-moment relief and ongoing support.



**Mental Health Coaching:** Live sessions with a certified NBC-HWC- or ICF-certified coach paired with 1:1 navigational guidance and personalized digital recommendations.



**Mental Health Care:** Rapid, convenient and confidential access to evidence-based therapy and counseling by video or phone.



**Mental Health Complete:** Leverages the collective power of the Teladoc Health Mental Health portfolio to deliver personalized care experience across a broader spectrum of member needs—from managing day-to-day stress to severe trauma. This calibrated approach optimizes the cost and quality while delivering a superior experience that keeps members engaged and on track across the entire healthcare journey.

# You choose the best fit

Teladoc Health delivers these virtual care services through different solutions

## HealthiestYou

Specially designed for small businesses, HealthiestYou includes support from a dedicated Client Success Team and access to a suite of convenient healthcare consumer tools in one easy-to-use mobile application.

### HealthiestYou Core Bundle

#### Includes:

- General Medical (with a \$0 visit fee)
- Mental Health (with a visit fee)
- Dermatology (with a consultation fee)
- Nutrition (with a visit fee)

### HealthiestYou Complete Bundle

#### Includes the following services at a \$0 visit fee:

- General Medical
- Mental Health Complete
- Dermatology
- Expert Medical Services
- Back and Joint Care
- Nutrition

## Teladoc Health

Additional virtual care services provided through the Teladoc Health app include access to the award-winning mobile experience with intuitive and easy-to-navigate online tools.

#### Includes these services with nominal visit fees:

- General Medical
- Dermatology
- Sexual Health
- Tobacco Cessation

#### Additional services available include:

- Mental Health
- Expert Medical Services
- Back and Joint Care
- Nutrition

## Primary360

A virtual primary care solution that inspires lasting relationships between people and providers through a longitudinal care plan, continuous care team support and a unified whole-person experience.

#### Includes:

- A full spectrum of care needs, from wellness and prevention to chronic condition management, mental health support, specialty care and beyond
- A dedicated care team including a primary care provider, nurse and medical associate
- A personalized, longitudinal care plan that flexes over time and engages members in a lasting relationship with care team
- 24/7 access, unlimited messaging, reminders and health nudges
- Navigation to in-network, high-quality specialty providers and facilities

## Chronic Condition Management

Three solutions—each characterized by an anchor condition—offer a better, more effective way to manage multiple health challenges.

### Diabetes Management Plus

- Hypertension
- Dyslipidemia
- Weight Management
- Mental Health

### Hypertension Management Plus

- Dyslipidemia
- Weight Management
- Mental Health

### Prediabetes Management Plus

- Hypertension
- Dyslipidemia
- Weight Management
- Mental Health

# Better outcomes. Lower costs. Higher satisfaction.

## Delivering value

**Teladoc Health supports clients by driving engagement, increasing program utilization and giving people the tools and support they need to sustain healthy behavior change.**

Those benefits add up. For example, fewer urgent care visits and unnecessary visits to the emergency room result in an average claim savings of \$517 per visit. Meanwhile, improved management of chronic conditions, such as diabetes and hypertension, yields an average \$180 per participant, per month in medical savings<sup>1</sup>—and with 90% of members reporting high satisfaction.

**We're transforming the healthcare experience.**



We love how [Teladoc Health services] keep insurance premiums down. And it's limitless. You can call 10 times and it won't affect the rate."

**- Risk manager** for a municipality in the Southeast

<sup>1</sup> Average per-member, per-month medical savings from data on file (DS4266)



Better health  
made possible

**LEARN MORE:** [TeladocHealth.com](https://TeladocHealth.com) | [engage@teladochealth.com](mailto:engage@teladochealth.com)

**About Teladoc Health:** Teladoc Health is empowering all people everywhere to live healthier lives by transforming the healthcare experience. Recognized as the world leader in whole-person virtual care, Teladoc Health leverages clinical expertise, advanced technology and actionable data insights to meet the evolving needs of consumers and healthcare professionals.